



Workshop On: **THE USE OF THERAPEUTIC AQUATICS FOR FUNCTIONAL GOALS THROUGH THE LIFE SPAN**

Course Dates – 31st May to 2nd June 2018
Course Venue: Treehouse Hotel, Club & SPA, Bhiwadi

PRESENTER:



JANE STYER – ACEVEDO, PT, DPT, C/NDT is Senior Adjunct Faculty at Arcadia University, teaching in the Physical Therapy Department, and maintains a clinical practice, treating individuals through the lifespan with neurological challenges. She is a master clinician in the areas of pediatrics, neurology, and therapeutic aquatics and has been teaching continuing education workshops, nationally and internationally since 1983. Jane's scope of teaching includes aquatic and "land-based" courses in Australia, Europe, Asia, India, Africa, and North, Central, and South America. She is currently Chair of the Neuro-Developmental Treatment Association (NDTA)

Instructor Group and an Active Pediatric Coordinator Instructor for the NDTA, teaching continuing education courses of varying lengths related to the NDT Practice Model. Jane excels in the problem-based approach to promoting functional shifts for an individual through therapeutic intervention from the acute phase, through rehabilitation, and community entry or re-entry towards life-long participation, health and fitness

COURSE DESCRIPTION

Learn treatment techniques to emphasize the strengthening and symmetry of the trunk while activating and strengthening the extremities towards daily function. A problem-based approach will be used to determine the aquatic treatment strategies and activities best suited to the client's current abilities and challenges based on their level of activity, the components of the desired activity, and the impact water has on their movements. Treatment demonstrations will assist in planning interventions and blending aquatic and land-based programs. Emphasis will be on experiential learning in the pool lab to practice the techniques under supervision. This is an introductory to intermediate level course.

WORKSHOP AUDIENCE

- Physical Therapists
- Occupational Therapists
- Speech and Language Pathologists
- Sports Instructors
- Parents and Caregivers
- People with NM challenges

COURSE OBJECTIVES

At the completion of this workshop, participants will:

- Understand how the physics of water impacts the human body and assists/supports/challenges movement, respiration, and speech in water.
- Identify and utilize the properties of water that most significantly impact a client's balance and movement abilities, their respiration and speech, and their safety in water.
- Be able to utilize aquatic strategies to strengthen the trunk and hips to prevent falls in the home and community.
- Understand the properties of water and their use to improve pulmonary health and hygiene and prevent or shorten the length of respiratory infections.
- Understand the basics and applications of a variety of aquatic approaches such as Halliwick, Bad Ragaz, and Ai Chi and how to apply the principles in a problem-based approach to aquatic intervention.
- Describe water safety and swimming skills that contribute towards a client's lifetime pursuit of health, fitness, and activity & participation level.
- Demonstrate understanding and basic skill level in at least 20 aquatic treatment strategies as discussed and demonstrated in the pool sessions.

REGISTRATION FEE

Early bird registration before 26th of March 2018 - INR 22,000/-

Registration after 26th March – INR 25,000/-

Student discounts available, with bulk registration of 5 and above. Please contact for more details.

For Registrations, Contact

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